# Junior Offshore Sailing Program

June 23 – July 30, 2022 including Downeast Challenge (Marblehead – Portland, 90 nm, Marblehead Yacht Club)

> (program details on pages 3,4,5,6)



C C S C Collegiate Offshore Sailing Circuit

www.cosc-usa.org

Figaro 2s in Bristol, RI - Summer 2021 Video



# **COSC** Mission

 To teach fundamental offshore seamanship to college & community sailing students of all socioeconomic backgrounds to expand the American pool of offshore capable mariners.

# **Strategy**

- To acquire a fleet of the best offshore-capable, one-design, manageably-sized boats to fulfill this mission
- To deploy our fleet to colleges & community sailing centers.







#### Junior Offshore Sailing Program Program page 1 of 4 June 23 – July 30, 2022



### Goals

- For 2 teams of 4 junior sailors, sailing 2 Figaro 2s, with one safety officer/coach per boat, to complete the Marblehead YC's Downeast Challenge.
- All sailors to complete the US Sailing Online Offshore Safety at Sea program and gain certification.
- <u>Contact</u>:

Stan Schreyer <u>stan.schreyer@northsails.com</u> Alan McKinnon <u>amckinnon@thegarrettgroup.com</u>

## How does it work?

- 2 Beneteau Figaro 2s (to train together) in a 6 week program in Marblehead
- 4 sailors + 1 Safety Officer/Coach per boat
  > 8 sailors & 2 coaches total
- 2 weeknight evenings per 6 weeks (5pm-8pm)
  6 weekends including 2 overnight training sails
  plus overnight Downeast Challenge
- Cost: \$2800 per sailor



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June 23 – July 30, 2022

## **Topics:**

- Situational awareness, watch-keeping, log-keeping, night & fog sailing;
- Navigation, rules of the road, lights at sea, safety, weather analysis;
- Radio communications, electronics, batteries;
- Resourcefulness, decision-making, problem-solving, repairs-at-sea;
- Medical training, nutrition, sleep cycles, physical training, provisioning;
- Leadership, team building, endurance, vessel maintenance, logistics.

### +

• ADVENTURE! – No one EVER forgets their first night offshore at sea under the stars!



## Junior Offshore Sailing Program Program page 3 of 4



#### June 23 – July 30, 2022

	Dates	Time	SO/C	Topics:
Week	Thurs, June 23	5-8 PM	1	Intro to the Figaro II
1	Fri, June 24	5-8 PM	1	Boat handling
	Sat/Sun, June 25/26	9am-5pm, 9am-5pm	2	Basic Boat Handling, Setup, Trim
Week 2	Thurs, June 30	5-8 PM	1	Boat handling
	Fri, July 1	5-8 PM	1	Safety at Sea
	Sat/Sun, July 2/3	9am-5pm, 9am-5pm	2	Safety at Sea
Week 3	Thurs, July 7	5-8 PM	1	Boat handling
	Fri, July 8	5-8 PM	1	Safety at Sea
	Sat/Sun, July 9/10	10am Sat - 12pm Sun	2	Overnight Sail
Week 4	Thurs, July 14	5-8 PM	1	Boat Set-up and Sail Trim
	Fri, July 15	5-8 PM	1	Classroom night
	Sat/Sun, July 16/17	9am-5pm, 9am-pm	2	Navigation & Communications
Week 5	Thurs, July 21	5-8 PM	1	Safety at Sea
	Fri, July 22	5-8 PM	1	PHRF Race
	Sat/Sun, July 23/24	10am Sat - 12pm Sun	2	Overnight Sail
Week 6	Wed, July 27	5-8 PM	1	Route plan Downeast Challenge
	Thurs, July 28	5-8 PM	1	Provision for Downeast Challenge
	Fri/Sat, July 29/30	9am Fri - 6pm Sat	2	Downeast Challenge (Marblehead – Portland, ME, 90nm)



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#### **Offshore Personal Equipment List**

- Waterproof duffle
- Life Jacket (harness/tether on boat)
- Foul Weather Gear (dry suit ok)
- 8-10 Ziplocs to organize gear
- Sea- or dinghy-boots; boat shoes
- Sunglasses & sunglasses
- Headlamp with red light
- Re-usable Water Bottle
- Toothbrush & small toothpaste
- Quick-Dry towel
- Seasick & prescription medication

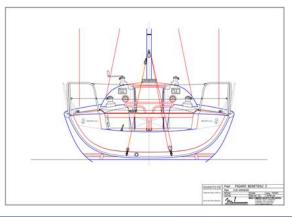
- 2 pairs wool socks
- 2 changes underwear
- Long underwear (top & bottom)
- 1 pair long pants; 1 pair shorts
- 1 long sleeved shirt; 1 short-sleeved shirt
- 1 wool or fleece sweater
- 1 wool or fleece hat; hat for sun shade
- Sailing gloves, warm gloves or waterproof gloves
- Rigging knife



### **Beneteau Figaro 2 - Specifications**

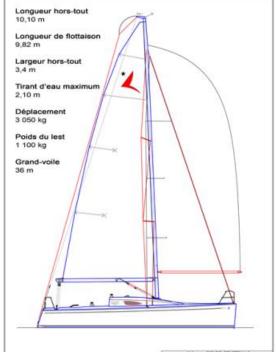


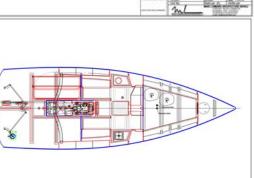
LOA: 33' LWL: 32' Beam: 11' Draft: 7' (fixed keel) Steering: Twin rudders Displacement: 3.1 tons Keel: 1.1 tons Engine: 20HP Diesel Bunks: 2 Mainsail: 409 sq. ft. Genoa: 323 sq. ft. Spinnaker: 915 sq. ft Design: Marc Lombard Construction: Fibreglass













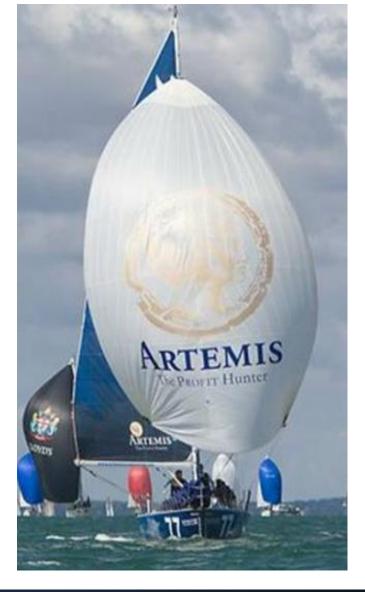


#### **Figaro 2 - Sailing**











"Figaro 2s are durable. I sailed solo upwind across the Bay of Biscay, 55 knots TWS, no problem." ...Michel Desjoyeaux

Solitaire du Figaro 1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>
 Vendée Globe 1<sup>st</sup>, 1<sup>st</sup>



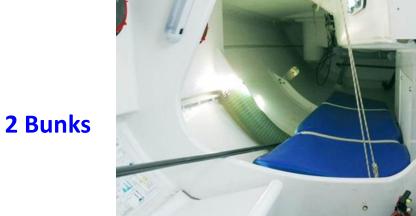
### **Figaro 2 – Interior**



#### Forepeak & Head



**Chart Table** 





#### Galley



#### Q: Why the Figaro 2? A: Fundamental Building Block Boat for the great French Offshore Champions







#### These skippers are all former Figaro 2 sailors & champions.



Yannick Bestaven Vendée Globe 2020 1<sup>st</sup>

Charlie Dalin Vendée Globe 2020 2<sup>nd</sup>





Jean Le Cam Vendée Globe 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>



Michel Desjoyeaux Vendée Globe 1<sup>st</sup>, 1<sup>st</sup>



Francois Gabart Vendée Globe 1<sup>st</sup>



Armel Lecleac'h

**Vendée Globe** 

1st, 2nd, 2nd

Louis Burton

Vendée Globe 2020

3rd



Jeremie Beyou Vendée Globe 3<sup>rd</sup>





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# **Appendix:**

## How We Got Here; Board; Partners; Our Fleet

"The opportunity to introduce junior and college age sailors to offshore sailing is a great benefit. All the elements of leadership and teamwork come together on a racing yacht. One connects with nature at sea. The lessons and experience provide invaluable lessons on and off the water." ...Gary Jobson, SUNY Maritime College '73, National Sailing Hall of Fame









### **How We Got Here...**

- 2018 COSC incorporated as a non-profit in Massachusetts.
- 2018 Partnership with Storm Trysail Club; 12 colleges visited; letters of coach support gained; fund-raising begins; 1<sup>st</sup> Figaro 2 acquired & shipped from Europe
- 2019 \$1M raised; 9 Figaro 2s bought & shipped from Europe; 6 Figaro 2s deployed to Mass. Maritime, SUNY Maritime, USMMA, and Webb Institute
- 2020 Spring college race schedule & SailMaine summer Junior Offshore Sailing planned but Covid cancelled. Fall season, 4 Figaro 2s (Webb, USMMA, SUNY) trained & competed regionally
- 2021 2 x Figaro 2s acquired; 6 college Figaro 2s spring training; 6 Figaro 2s summer junior offshore training; 12 Figaros 2s college training fall



# Board







**Rich Wilson** Chair/Pres. 2x Vendée Globes NYYC, STC, EYC, CCA

**Ed Cesare** Vice Chair STC Commodore

STC, NYYC, RORC



**Stan Schreyer Secretary** Former BU Coach STC, NYYC, EYC



**Rives Potts COO Safe Harbors** NYYC Fmr Comm. STC, NYYC, EYC

#### **Advisors**



**Bates Sailing Coach** 

STC



**Brad Dellenbaugh NYYC Fmr Sailing Director** USNA Fmr Offshore Coach NYYC, STC, CCA

#### **Treasurer**



**Alan McKinnon** North Sails Fmr CFO NYYC, STC, EYC



**Rich Du Moulin CEO** Intrepid Shipping



**Michel Desjoyeaux** Vendée Globe 1<sup>st</sup>, 1<sup>st</sup> NYYC, STC, CCA, LYC Solitaire du Figaro 1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>









**Brian Harris** Maine Yacht Center COSC Figaro 2 HQ, CCA







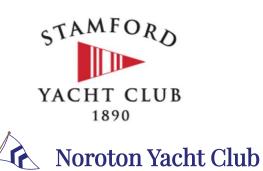




















# **Our Fleet**

### **13 Beneteau Figaro 2s**

From France, UK, Sweden, USA, Germany, Czechoslovakia













